

NEW HAMPSHIRE POLICE CADET TRAINING ACADEMY

Required Equipment List

(Cadets will carry what they bring, pack accordingly.)

Personal items and linens may get mixed during room inspections. It is recommended that some kind of identifying mark/initials be put on these items.

Note - An inspection will be conducted to ensure that all Cadets have shower & hygiene needs, as well as linens and clothing. Parents of Cadets who are not properly supplied will be called to bring the missing supplies, or billed for items that need to be purchased. Graduation certificates will not be issued until reimbursement is paid.

1. Physical Training (PT) gear (gym shorts or sweats, t-shirts, sneakers) - PT will be outdoors each morning, which may be cool. Sneakers- 2 pairs, 1 for PT and 1 for daily wear. Jock strap/sports bra as appropriate. Marching and drilling are activities the Cadets will be doing, so the footwear should be broken in prior to the Academy.
2. Clothing - **Blue** jeans. Jeans must be normal fitting and no holes. No baggy or droopy styles will be allowed. Academy T-shirts and graduation shirts will be provided. Cadets who are members of Explorer Posts will not need any uniform components. Undergarments and personal toiletries for 7 days. The weather may be hot, plan on clothing changes after PT and daily activities.
3. Rain Gear: rain coat or poncho (not a golf rain shirt).
4. Sleepwear - Tee shirts and shorts for all. Females should dress appropriately for sudden night deployment.
- 5. Belt - Pants belt is required for all Cadets.**
6. Bed Linen - Two sheets (single bed, non-fitted), pillow, pillowcase, blanket. Sleeping bags and bed bags are not allowed. Occasionally bedding gets mixed during room inspection, linens should have a name or other identifying mark applied prior to arrival.
 - a. Personal Hygiene - Shower supplies, towels, soap, shampoo, toothpaste, hairbrush, etc. Make-up will not be allowed except for a modest application on females for graduation. Hair ties for long hair. Males who are shaving will be required to shave daily. All Cadets are required to be well groomed, clean-shaven, with all long hair pulled back into a ponytail. Beards, long sideburns, earrings and other jewelry are not allowed. (watches and wedding bands are excluded).
7. Other – Flashlight.
8. Leadership Cadets Only – Assistant Commander Gould will be mailing all information specific to Leadership directly to your mailing address provided. If you have not received the packet well before three weeks prior to the Academy, contact Assistant Commander Gould directly at anne.gould@rochesternh.net.

List of Prohibited Items

An inspection of all Cadet belongings and room will take place for safety purposes.

1. Electronics – No electronics of any kind including cell phones, iPhones, radios, tablets or computers allowed.
2. Food - Only Academy provided food will be allowed in the dorms. No outside food including snacks, candy, juices, water bottles, etc., are allowed. Food and drink required for medical needs will be allowed.
3. Weapons of any kind, whether they are intended to be weapons or not. This list includes, firearms, knives, Leathermen[®], hunting knives, Swiss Army[®], knives etc.
4. Pornography of any type.
5. Illegal drugs of any kind, alcohol and cigarettes/tobacco products. All prescription and over the counter medications will be turned into and administered by the nurse.
6. Tattoos - **Tattoos are strictly forbidden.** Any tattoos that are visible when in PT gear or the uniform of the day must be covered. Cadets with visible tattoos should wear something large enough to cover the tattoo that will stay in place throughout the day (.i.e. ace wrap, large adhesive bandage, or other appropriate flesh colored wrap).
7. Jewelry - other than a wedding band or religious symbol on a neck chain, **jewelry is forbidden** for all Cadets. This includes visible piercings of any type, including ears. Cadets arriving with visible jewelry, other than the two allowed items will be instructed to remove the jewelry/piercing, or find a means to have it covered.